

Sunday March 15. 2020

Carbon County, PA

As of 12:00 p.m. Sunday March 15, there are no confirmed cases of COVID19 in Carbon County. However, there are 63 confirmed cases of COVID19 in the state of Pennsylvania.

Our neighboring counties of Luzerne (1), Lehigh (1), Monroe (6) and Northampton (1) have a total of 9 confirmed cases. We are continuing to monitor those numbers.

At this time, we are encouraging residents to carry on with their daily activities, but to avoid unnecessary travel and limit their exposure to large social gatherings. Most Churches and houses of worship have limited their services, and senior activities and other social events are appropriately being postponed.

Unless your employer has closed, continue to go to work. If you need to go grocery shopping, to the gas station, ATM, or use other facilities that may have been exposed, wear gloves, or use sanitizing wipes on the item, and on your hands. If you do go out among other people or into a crowd, we stress that you use good hygiene practices.

Check with your Physicians' offices for appointments, and reschedule those that are not necessary.

Your day-to-day life does not need to stop, just be proactive in trying to stop the spread of this virus by practicing "social distancing" .

We ask you to think outside the box – you may not have any symptoms, but if you are or have been exposed to the virus, you might expose your family, neighbors, or even coworkers to it. Practice good hygiene. If you sneeze or cough, do it in your elbow, or into a tissue, and then wash your hands or use some type of sanitizer or disinfectant.

If you are sick or have flu-like symptoms, call your physician or your local Hospital. There are hotline numbers set up for St. Lukes Hospital, 1-866-785-8537(STLUKES) and Lehigh Valley Health Network, 1-888-402-5846 (402-LVHN)

There are testing centers that are becoming available and with your physician's recommendation, you may be able to be tested if you meet certain criteria.

We encourage you to stay healthy by staying home and limiting non-essential social and public activities. If you have any immediate medical concerns that we have not addressed, contact your family physician or the medical facilities' numbers listed above.

Check back for daily updates.

CCEMA/PIO - AJW